

What to Do After You Are Admitted to the Hospital

Getting Back to Your Best Health

After a hospital or ER visit, recovery can be challenging. There are many things you can do to improve your health. One of the most important is scheduling a follow-up visit with your doctor.

You should have a follow-up visit with your doctor within seven days of being released from the hospital.

At this appointment, your doctor can:

- Determine why you were admitted to the hospital.
- Diagnose any new health problems and reevaluate existing conditions.
- Prescribe new medications you may need.
- Answer any of your health-related questions.
- Talk to you about your health and your treatment plan.
- Refill any prescriptions.

We're Here to Help

Being admitted to the hospital or ER can be overwhelming. Your doctor may have prescribed new medications, follow-up treatment, or encouraged you to make lifestyle changes. We want to help you navigate these changes, through your recovery and beyond.

Our case management team has resources that can help you reach your health goals.

Your case manager can help you with many things, including scheduling your follow-up appointment. They can also help keep track of your medication, and help you manage multiple conditions.

To learn more, or to sign up for case management, call 1-855-565-9518 (TTY: 711).